



Norwest Respiratory & Sleep Disorders

Suite 29a, Level 3, 6 Meridian Place, Bella Vista NSW 2153

Ph: 02 8883 4558 Fax: 02 8814 5286

Email: reception@nrnsd.com.au Web: www.nrnsd.com.au

RESPIRATORY FUNCTION REQUEST

Patient Details _____

Patient Name:

Date of Birth:

Home Phone: Mobile:

Email:

Address:

Clinical History _____

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Smoking History: Never Ex-smoker Current Haemoglobin: g/L (if known)

Tests required _____

- Full lung function (Spirometry with pre & post bronchodilator / DLCO / Lung Volumes)
- Spirometry (pre & post bronchodilator)
- Mannitol Challenge Test (Bronchial Provocation Test)
- MIPs & MEPs (Tests of Respiratory Muscle Function)

Please withhold any puffers on the day of testing - **see instructions on reverse**

Referring Doctor/Stamp _____

Referring Doctor:

Address:

Fax: Provider Number:

Signature: Date:



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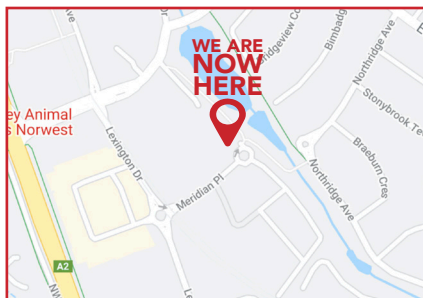
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Location

Norwest Respiratory & Sleep Disorders is located at Suite 29a, Level 3
6 Meridian Place, Bella Vista NSW 2153

Parking

Parking is available in the marked bays at the front of the building or off street parking is available in Meridian Place. We are accessible by car, bus and metro train services, which are a short walk to our suite.



Services

- Respiratory & sleep medicine consultations
- Home diagnostic sleep studies
- Lung function testing
- Sleep Psychology

Please read (the following specific instructions to prepare for your lung function test)

All patients are asked to refrain from the following before their test:

- Smoking (1 hour)
- Performing vigorous exercise (1 hour)
- Consuming alcohol or caffeinated drinks (4 hours)

Test(s)	Time to withhold medication (before)	Medication you need to withhold
Full lung function test and Spirometry	8 hrs prior to test	ventolin, respolin, asmol, bricanyl, atrovent, intal, airomir, epaq
	12 hrs prior to test	seretide, symbicort, serevent, oxis, foradile, tilade, intal, flutiform, bretaris genuair, brimica genuair
	24 hrs prior to test	spiriva, onbrez, ultibro, anoro, breo, spiolto
Mannitol Challenge Test (Bronchial Provocation Test)	8 hrs prior to test	ventolin, asmol, bricanyl, atrovent
	24 hrs prior to test	drixine, rhinocort, beconase
	48 hrs prior to test	seretide, symbicort, serevent, oxis, foradile, tilade, intal, flutiform, bretaris genuair, brimica genuair
	72 hrs prior to test	spiriva, seebri, incrusse, onbrez, ultibro, anoro, breo, spiolto, antihistamines (telfast, zyrtec, claratyne, etc)
	4 days prior to test	singulair, accolate