



Benchmark Sleep Services

ABN 93 383 176 585

Benchmark™
S L E E P S E R V I C E S

Setting the benchmark for a responsible and comprehensive approach to patients with sleep disorders

REFERRAL FOR HOME SLEEP STUDY

For appointment please call or fax this referral to (02) 8814 5316

Referring practitioner..... Provider No.....
 Address.....
 Phone No..... Email.....
 Patient's name..... D.O.B.....
 Address..... Phone/Fax.....
 Email.....
 Medicare No..... Private Fund (if applicable).....
 Weight..... Height..... BMI (Kg / m2).....

SERVICE REQUIRED

- Home diagnostic sleep study – referral from referring practitioner
- Home diagnostic sleep study – consultation by reporting sleep specialist (Dr S. Parsons and Dr S.Srikantha)
- Initial Consultation with Sleep Specialist Dr S Parsons or Dr S.Srikantha

CLINICAL INFORMATION

- Snoring
- Witnessed apneas, nightly gasping/choking
- Daytime sleepiness
- Insomnia
- Unrefreshed sleep
- Other

COMORBIDITIES

- Hypertension
- Cardiac Failure
- Diabetes
- Depression
- COPD
- Other

Referring doctor's signature..... Date of referral.....

Date of home study / / Time of appointment

Patient should bring to the appointment:

- this referral and • Medicare card

Please note:

- In more serious cases, we recommend a consultation with our sleep disorder breathing specialist Dr S. Parsons and Dr S.Srikantha.
- If a patient is diagnosed with sleep apnea, an overnight sleep study followed by CPAP treatment may be recommended.

For more information, please call 02 8814 5316 or email – bellavista@benchmarksleepservices.com.au

